

Mana K. Ali

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EDUCATIONAL HISTORY

- 8/08-Present Howard University (APA Accredited)
Clinical Psychology Doctoral Graduate Student
Cumulative GPA: 3.94/4.0
- 6/10 Howard University, Washington DC
Master of Science, Clinical Psychology
Thesis Title: The Relation between Dimensions of Hostility and
Inflammatory Markers
- 8/03-5/07 University of Maryland, College Park
Bachelor of Arts
Double Major: Psychology, Criminology & Criminal Justice

RESEARCH EXPERIENCE

- 07/10-Present **National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases**
Position: Associate Investigator
Projects: Heart Disease Risk Factors in African Americans
Principal Investigator: Anne Sumner, MD
- 9/08-Present **Health Promotion and Risk Reduction Research Center, Howard University** Washington, DC
Position: Graduate Student Researcher
Projects: Various projects relevant to the impact of psychological factors on cardiovascular disease and renal disease risk, development and prevention.
Principal Investigators: Deneé Mwendwa, PhD, Regina Sims, PhD, Joneis Thomas, PhD
- 8/08-8/09 **Children's National Medical Center** Washington, DC
Position: Volunteer Research Assistant
Project: Pediatric Primary Care Provider Communication with African American Parents
Principal Investigator: Ivor Horn, MD MPH

4/08-6/08 **Campbell Psychological Services, LLC** Silver Spring, MD
Position: Research Assistant
Project: Culturally Competent Diagnostic Assessment of Youth of Color
Supervisor: Kimberly Y. Campbell, PhD

5/06 – 6/07 **University of Maryland College Park, Maryland Attention Deficit/Hyperactivity Disorder (ADHD) Clinical Research Program**
College Park, MD
Position: Research Assistant
Project: Integrated Treatment for Depressed Mothers of ADHD Children
Principal Investigator: Andrea Chronis-Tuscano, PhD

CLINICAL EXPERIENCE

06/10-Present **District of Columbia Superior Court, Child Guidance Clinic**
Washington, DC
Position: Psychology Extern
Duties: Psychological and Psycho-Educational Evaluations; Individual Therapy with caseload up to 12 clients.
Supervisor: Michael E. Barnes, PhD

09/09-05/10 **Howard University Counseling Center** Washington, DC
Position: Practicum Student/Counselor
Duties: Intake Interviews; Participation in case conferences and staff development; Outreach; Individual therapy with caseload up to 7 clients.
Supervisor: Marcus Hummings, PsyD

11/08-5/09 **District of Columbia Public School System** Washington, DC
Position: Psychology Extern
Duties: Conduct classroom observations of students referred to special education and students who are due for reevaluations; Conduct intake/interviews with students; Participate in multidisciplinary team meetings; Administer variety of cognitive, achievement, projective personality and objective personality tests; Extensive record review of referral and reevaluated students; Comprehensive report writing.
Supervisor: Marquita Elmore, PhD

6/07-6/08 **Maryland Family Resource, Inc., Outpatient Clinic** Landover, MD
Positions: Psychiatric Rehabilitation Coordinator & Community Support Worker
Duties: Facilitated rehabilitation services including training in anger management, conflict resolution, independent living and social skills

development, academic enhancement, and vocational skills development to adolescents who have substance abuse issues and/or diagnosed with psychiatric disorders; Established short term goals and plans to achieve goals for client; Assessed goals for each client and implement activities and interventions to achieve goals; Reported client's responses to intervention activities weekly; Communicated progress of client to therapists, supervisors, and/or parents/guardians weekly.

Supervisor: Beth Lee Crawford, PsyD

2/05 – 11/05 **Children's Developmental Clinic** College Park, MD

Position: Volunteer Clinician

Duties: Guided and enhanced gross and fine motor skills, language, physical education in toddlers, children and adolescents with a range of physical and mental; Utilized technical writing skills to communicate progression of child weekly; Executed empathetic and active listening skills.

TEACHING EXPERIENCE

08/10-Present **Howard University Psychology Department**, Washington DC

Position: Teaching Assistant for Clinical Assessment graduate course

Duties: Teach the administration, scoring and interpretation of various cognitive and achievement tests.

01/10-05/10 **Howard University Psychology Department**, Washington DC

Position: Teaching Assistant for Experimental Psychology undergraduate course

Duties: Teach undergraduate students how to write a research papers section by section in APA style; Facilitate experiment design; Lead classroom experiments and aid subsequent report writing.

8/09-12/09 **Howard University Psychology Department**, Washington DC

Position: Teaching Assistant for Clinical Assessment graduate course

Duties: Teach the administration, scoring and interpretation of various cognitive and achievement tests.

8/07-6/08 **Prince George's County Board of Education, Charles Carroll Middle School** New Carrollton, MD

Position: Special Education Co-teacher

Duties: Created lessons in the subjects of Language Arts and Social Studies for special education eighth graders; Developed Individualized Educational Plans (IEP); Frequently communicated progress of students with parents and multidisciplinary team; Recycling programs initiator and coordinator; Co-sponsor for female mentoring group Positive Girls

Engaging in Teamwork, Academics, Loyalty and Service (PETALS);
Fashion Show Coordinator.

OTHER WORK EXPERIENCE

- 1/09-Present **United States National Archives & Records Administration, Motion Picture, Sound, and Video Research Room** College Park, MD
Position: Archives Technician
- 07/08-7/09 **CVS Pharmacy** Landover, MD
Position: Pharmacy Technician
- 1/07-5/07 **Society for Research in Child Development, Office for Policy and Communication** Washington DC
Position: Intern

PROFESSIONAL TRAININGS

- 2010 Ethics Training, Howard University, Dr. Stephen Behnke
2010 Cultural Competence Training, Howard University, Dr. Edwin Nichols
2009 Wading through Transference without Making Waves, American University, Dr. Richard Chefetz
2009 Suicide Training, Howard University, Dr. Donna Barnes

PROFESSIONAL CONFERENCES

- 2010 25th Annual Conference for International Society on Hypertension in Blacks
2010 Leslie Hicks Psychology Symposium, Howard University, Washington DC
2010 Marijuana: Uses, Abuses and Treatments, Howard University, Washington DC
2009 Howard University Graduate Student Research Symposium, Washington, DC
2009 Innovate Approaches in Hard Economic Times, Howard University, Washington DC
2009 15th Annual Black Graduate Conference in Psychology, New York, NY
2008 National Institute of Health Summit: The Science of Eliminating Health Disparities, Oxon Hill, MD
2007 Society for Research in Child Development, Boston, MA

PUBLICATIONS

- Mwendwa, D., Gholson, G., Sims, R., Levy-Massey, S., **Ali, M.**, Callender, C. & Campbell, A. (2010). Racism-Related Clues to Obesity in African American Women. *Under Review Journal of the National Medical Association.*

Mwendwa, D.T., **Ali, M.**, Sims, R., Madhere, S., Gholson, G., Levy-Massey, S., Chiles, S., Callender, C.I., & Campbell, A. (2010). Empirically-derived Components of the Cook-Medley Scale and their Association with Inflammation in African Americans. *Under Review Annals of Behavioral Medicine*.

Sims, R.C., Mwendwa, D.T., **Ali, M.K.**, Thomas, J., Callender, C.O., & Campbell, A.L. (2010). State and trait depression: Relations to C-reactive protein in African American men. *Journal of Best Practices*, 3, 43.

CONFERENCE POSTERS

Gholson, G., **Ali, M.**, Mwendwa, D., Sims, R., Thomas, J., Giles, N., Callender, C., & Campbell, A. (2010, July). Race-related stress and hostility: What underlies obesity in African-American women? 25th Annual International Interdisciplinary Conference on Hypertension and Related Cardiovascular Risk Factors in Ethnic Population (ISHIB), Alexandria, VA. Received Merit Award.

Ali, M., Mwendwa, D., Thomas, J., Callender, C., Campbell, A. (2009, April). State/trait depression and anger/hostility as predictors of Interleukin-6 levels in African Americans. 15th Annual Black Graduate Conference in Psychology, New York, NY.

Thomas, J., Mwendwa, D., Madhere, S., Callender, C., Campbell, A., Morehead, D., **Ali, M.** (2008, Dec). Biopsychosocial predictors of obesity in African Americans. National Institute of Health Summit: The Science of Eliminating Health Disparities, Oxon Hill, MD.

Clarke, T.L., Chronis, A.M., Raggi, V.L., Diaz, Y., **Ali, M.** (2007, May). Parenting and overt/covert patterns of antisocial behavior in children with ADHD. Association for Psychological Science, Washington, D.C.

HONORS AND ACHIEVEMENTS

- 2009 Golden Key International Honour Society
- 2007 Undergraduate Research Assistant Transcript Notation, University of Maryland (UMD)
- 2007 Office of Multi-Ethnic Student Education Certificate for Recognition for Outstanding Academic Achievement, UMD
- 2007 Frances Degen Horowitz Millennium Scholar, Society for Research in Child Development (SRCD)
- 2006 Psi Chi, National Honor Society of Psychology
- 2006 National Scholars Honor Society

2005 Behavioral and Social Sciences Future Alumni Scholarship Recipient, UMD

ACTIVITIES

Memberships

- 2008- 2010 American Psychological Association Graduate Student
- 2009 American Psychological Association Trauma Psychology Division 56 Student Member
- 2009 University of Maryland Alumni Association
- 2009 Graduate Student Council, Howard University
- 2007 Prince George's County Educators' Association
- 2007 Prince George's County Council for Social Studies
- 2007 SRCD Black Caucus
- 2005 Beyond the Classroom Living and Learning Program, UMD

Extracurricular Activities

- 2010 Urban Inspirational Kickball League
- 2004 National Association of Advancement for Colored People, College Park Chapter
- 2003 Black Student Union