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CURRICULUM VITAE

EDUCATION

6/2000-7/2001	Internship	Howard University Hospital, Washington, DC
8/1999-8/2003	Ph.D.	Howard University Hospital, Washington, DC
8/1996-8/1999	M.S.	Howard University Hospital, Washington, DC
8/1986-8/1990	B.S.	Trinity University, Washington, DC

ACADEMIC POSITIONS:

8/06 – present *Tenure Track Assistant Professor*, Department of Psychology
Howard University

PUBLICATIONS

Sims, R.C., **Mwendwa**, D.T., Ali, M.A., Thomas, J., Callender, C.O., & Campbell, A.L. (2010). Depressive Symptomatology: Relations to C-reactive protein in African American Men, *Journal of Best Practices in Health Professions Diversity: Research, Education and Policy*, 3, 43-57.

Mwendwa, D.T., Sims, R.C., Madhere, S., Thomas, J., Keen, L.D., Callender, C.O., and Campbell, A.L. (Accepted). The influence of coping with perceived racism and stress on lipid levels in African Americans. *Journal of the National Medical Association*.

Mwendwa, D.T., Gholson, G., Sims, R.C., Levy-Massey, S.A., Ali, M., Harrell, J., Callender, C.O., & Campbell, A.L. (Accepted). Coping with perceived racism: A significant factor in the development of obesity in African American women? *Journal of the National Medical Association*.

Sims, R.C., Levy-Massey, S.A., **Mwendwa, D.T.**, Callender, C.O., and Campbell, A.L. The influence of functional social support on executive functioning in middle-aged African Americans. (Accepted). *Aging, Neuropsychology, and Cognition*.

Berg-Cross, L., **Mwendwa**, D. T., Crump, S. L., & Griffith, R. (2007). Graduate school practica in primary care settings: Building identity and competencies. *The Register Report*. Washington, D.C: The National Register.

Mwendwa, D.T., Ali, M., Sims, R. C., Madhere, S., Levy-Massey, S.A., Gholson, G., Chiles, S., Hill, H.M., Callender, C.O., & Campbell, A.L. (Under review). Empirically derived components of the Cook-Medley Scale and inflammation in African Americans. *Psychosomatic Medicine*.

MANUSCRIPTS IN PREPARATION

Sims, R.C., Sims, M., **Mwendwa**, D.T., Ali, M., Cole, A.P., & Taylor, H.
The association between dimensions of perceived racial discrimination, C-reactive protein, and white blood cell count in the Jackson Heart Study.

Winston, C., **Mwendwa**, D.T., Ali, M., Sims, R.C., Madhere, S., Harrell, J.P., Callender, C.O., & Campbell, A.L. Understanding hostility within an African-American community sample.

Mwendwa, D.T., Sims, R.C., Callender, C.O., Adesibikan, B., Gholson, G., & Campbell, A.L. High BMI, increased waist circumference, and elevated GFR: A new relative contraindication to African American kidney donation?

UNFUNDED EXTRAMURAL GRANT SUBMISSIONS

National Center for Minority Health and Health Disparities
Innovative Faith-Based Approaches to Health Disparities Research (R21)
“Lowering Chronic Kidney Disease Risk Through Obesity Reduction: A Faith-Based Application of the BE-BLESSED Framework”
Proposed award amount: \$275,000

National Institutes of Health
Behavior, Behavioral Change, and Prevention: Identifying Phenotypic Markers for Positive Behavior Change (Stimulus Grant)
“Academic-Community Partners in Research (A-CPR): A Model for Personalized Asthma Self-Management in African Americans”
Proposed award amount: \$500,000

CONFERENCE PRESENTATIONS

Ali, M., **Mwendwa**, D.T., Sims, R.C., Madhere, S., Gholson, G., Levy-Massey, S., Callender, C.O., & Campbell, A. (2011). Empirically Derived Components of the Cook-Medley Scale and Inflammation in African Americans. To be presented at the Annual Meeting of the American Psychosomatic Society. San Antonio, Texas.

- Ali, M., **Mwendwa, D.T.**, Sims, R.C., Madhere, S., Callender, C.O., & Campbell, A. (2011). Empirically Derived Components of Hostility in a Community-Based Sample of African Americans. To be presented at the 119th Annual Convention of the American Psychological Association, Washington, D.C.
- Levy-Massey, S.A., Sims, R.C., **Mwendwa, D.T.**, Ali, M.K., Gholson, G., Callender, C.O., & Campbell, A.L. (2011). Coping with Perceived Racism and Dispositional Hostility as Indicators of Cardiovascular Disease Risk in African Americans. To be presented at the Annual Meeting of the American Psychosomatic Society. San Antonio, Texas.
- Levy-Massey, S.A., Sims, R.C., **Mwendwa, D.T.**, Callender, C.O. & Campbell, A.L. (2011). The Influence of Social Support on Executive Functioning in a Community-Based Sample of African Americans. To be presented at the 119th Annual Convention of the American Psychological Association, Washington, DC.
- Mwendwa, D.T.**, Callender, C.O., Sims, R. C., Mouton, C., Hernandez, A., and Campbell, A. (2010). High BMI, increased waist circumference and elevated GFR: A new relative contraindication to African American kidney donation? Poster presented at the XXIII International Congress of The Transplantation Congress, Vancouver.
- Gholson, G., Ali, M., **Mwendwa, D.T.**, Sims, R.C., Thomas, J., Callender, C.O., and Campbell, A.L., (2010). Race-Related Stress and Hostility: What underlies obesity in African-American women? Poster presented at the International Society on Hypertension in Blacks Annual Conference. Washington, DC.
- Ali, M., **Mwendwa, D.T.**, Thomas, J., Callender, C., Campbell, A. (2009, April). State/trait depression and anger/hostility as predictors of Interleukin-6 levels in African Americans. 15th Annual Black Graduate Conference in Psychology, New York, NY.
- Thomas, J., **Mwendwa, D.T.**, Madhere, S., Morehead, D., Ali, M., Callender, C.O., & Campbell, A. (2008, December). *Biopsychosocial predictors of obesity in African Americans*. Poster presented at the National Institutes of Health Summit: The Science of Eliminating Health Disparities. National Arbor, MD.
- Mwendwa, D.T.**, Thomas, J., Crump, S., Callender, C.O., Morehead, J., Wiley, J., Brownlow, J., & Campbell, A.L. (2008, July). *Anger/hostility and depression associated with and inflammatory marker of cardiovascular disease in African Americans*. The International Society on Hypertension in Blacks: 23rd Annual International Interdisciplinary Conference on Hypertension and Related Cardiovascular Risk Factors in Ethnic Populations. New Orleans, LA

Hill, H.M. & Thomas, D. (1999, May). *Protective factors in at-risk youth exposed to environmental violence*. National Black Graduate Student Conference in Psychology. Howard University. Washington, DC.

Hill, H.M. & Thomas, D. (1999, April). *Protective factors in at-risk youth exposed to environmental violence*. Substance Abuse and Mental Health Services Administration (SAMHSA). Rockville, Maryland.

Hill, H.M. & Thomas, D. (1998, October). Resilience in at-risk youth exposed to environmental violence. National Black Child Development Institute (NBCDI). Chicago, Illinois.

PROFESSIONAL AFFILIATIONS

American Psychological Association,
Division 38, Health Psychology
International Society on Hypertension in Blacks
Society of Behavioral Medicine
Trinity College Alumni Association
Howard University Alumni Association

TEACHING EXPERIENCE

8/2006-present **ASSISTANT PROFESSOR**
Howard University, Department of Psychology
525 Bryant St., NW, Rm. N-293
Washington, DC 20059

- ❑ Research interests: behavioral medicine/health psychology, hypertension, diabetes, and other cardiovascular diseases in minority populations
- ❑ Co-founded the Health Promotion and Risk Reduction Research Center (Health-PARC)
- ❑ Instructor for graduate courses in Individual Psychotherapy, Health Psychology and Group Psychotherapy
- ❑ Instructor for undergraduate courses in Abnormal Psychology and Introduction to Clinical Psychology

CLINICAL EXPERIENCE

9/2005-8/2009 **PRIVATE PRACTICE**
Potomac, MD 20854

- ❑ Provide individual, couples, and group therapy under direct supervision of a licensed psychologist
- ❑ Co-founded the Rock-a-Bye Baby Institute to provide intensive therapy and psycho-educational techniques to women suffering from Postpartum Depression. Responsible for staff development and training of physicians and other healthcare

professional on assessment and treatment of postpartum depression

- ❑ Collaborate to design and implement a behavioral health program to manage and treat hypertension and other chronic diseases
- ❑ Develop curriculum for Howard University Department of Psychology integrating health communications and psychology
- ❑ Supervise Howard University graduate students with therapy and assessment cases
- ❑ Serve as a liaison to the Howard University College of Medicine Department of Psychiatry to develop better diagnoses and treatments in response to health disparities among people of color
- ❑ Offer consultation to organizations on leadership and conflict resolution skills

6/2000-7/2001

HOWARD UNIVERSITY HOSPITAL, WASHINGTON, DC
Clinical Psychology Intern

- ❑ Provided individual and group therapy to men and women.
- ❑ Provided therapeutic services on three rotations: Outpatient Clinic, Inpatient clinic, and Consultation/Liaison.
- ❑ Utilized varied types of therapeutic interventions including Psychodynamic, Cognitive-Behavioral, Interpersonal, and Rational Behavior therapies with patients suffering from mental disorders.
- ❑ Administered, interpreted, and scored psychological tests on primarily adult populations.
- ❑ Participated in weekly individual and group supervision. Participated in daily psychiatry and oncology rounds with representatives from psychiatry and, oncology, radiology, medicine, nursing, social work, and medical students.
- ❑ Completed research project examining self-efficacy and its impact on oncology patients. Presented research project at Psychiatry Grand Rounds.

8/1999- 6/2000

DISTRICT OF COLUMBIA SUPERIOR COURT,
WASHINGTON, DC
Psychology Extern

- ❑ Responsible for providing individual and family therapy to juveniles, who have come into contact with the criminal justice system.
- ❑ Conducted diagnostic evaluations on clients to determine appropriate treatment plans.

- ❑ Maintained a caseload of 4 to 6 clients and provided written summation monthly on clients' progress to judges, lawyers, and probation officers.
- ❑ Offered testimony in court on clients' progress and/or success in treatment.
- ❑ Presented a case study in group supervision to closely track juveniles most at-risk for recidivism.

6/1997-6/2000

**WASHINGTON PSYCHOTHERAPY SERVICES,
WASHINGTON, DC**

Student Practicum/Consultant

- ❑ Provided individual, family, and group therapy to children, adolescents, and adult clients.
- ❑ Responsible for administering, scoring, and interpreting psychological tests, primarily child and adolescent populations.
- ❑ Participated in a weekly multidisciplinary treatment team meeting to assess the accuracy of initial diagnostic evaluations based on the criteria presented in the DSM-IV.
- ❑ Maintained a caseload of 8 to 10 clients referred by the District of Columbia Health and Human Services Division

9/1996-9/1997

CLIFTON T. PERKINS MENTAL HOSPITAL, JESSUP, MD

Student Practicum

- ❑ Responsible for administering, scoring, and interpreting psychological tests for a forensic population to determine intellectual functioning, emotional stability, and presence of psychosis in an adult population.

OTHER EXPERIENCE

12/2003-02/2005

UNIVERSITY OF MARYLAND, COLLEGE PARK, MD

Pre-College Program, UGST
Associate Director

- ❑ Supervised and monitor employee payroll transactions and maintain records for student stipends.
- ❑ Managed program budget.
- ❑ Developed partnerships in the community to maximize educational opportunities for Upward Bound Students.
- ❑ Performed extensive analysis and planning of program performance to prescribed goals and objectives

- ❑ Responsible for the overall grant preparation and implementation for the Upward Bound Program through the U.S. Department of Education.
- ❑ Prepared and submit an annual performance report to the U.S. Department of Education.
- ❑ Supervised academic and counseling staff and all program activities.
- ❑ Coordinated program components.
- ❑ Identified and acquired the resources and facilities necessary to carry out established program goals.
- ❑ Recruited and selected program staff and student participants.
- ❑ Planned and coordinated staff and parent orientation programs.
- ❑ Executed all formal and social events provided by the program.
- ❑ Performed other duties as assigned by the Director

9/2003-12/2003

UNIVERSITY OF MARYLAND, COLLEGE PARK, MD
Pre-College Program, UGST
Acting Assistant Director

- ❑ Responsible for the administrative needs of program staff and participants under the supervision of the Director.
- ❑ Assisted with daily management of the program.
- ❑ Assisted with staff and parent orientation planning and coordination.
- ❑ Assisted with the identification and acquisition of resources/facilities to carry out established program goals and objectives.
- ❑ Assisted the Director with developing partnerships with private industry and other public agencies to maximize educational opportunities for Upward Bound students.
- ❑ Planned and coordinated all formal and social activities facilitated by the program.
- ❑ Planned and coordinated program cultural and recreational activities.
- ❑ Composed preliminary draft of technical and federal reports.
- ❑ Served as program representative in the community.
- ❑ Assisted with budget record keeping.

7/2001-9/2003

UNIVERSITY OF MARYLAND, COLLEGE PARK, MD
Pre-College Program, UGST
Research Coordinator

- ❑ Responsible for collecting and analyzing data relevant to students' performance in the University of Maryland Pre-College Programs.

- ❑ Monitored and tracked students' progress through secondary education and post-baccalaureate degree.
- ❑ Assisted in grant writing to renew funding through the Department of Education for the Upward Bound and Math and Science Regional Center Programs.
- ❑ Performed extensive analysis of grant data and relevant information.
- ❑ Coordinated and prepared the submission of an annual progress report to the Department of Education.
- ❑ Prepared summary reports regarding annual retention, student achievement, and career attainment.
- ❑ Developed and conducted participant surveys for program evaluations.
- ❑ Supervised student workers during the summer and academic year.